# Body"



# Module 15, Warm-Up

### **Prompt:**

Write a haiku about your favorite part of your body.

#### Materials:

- Explorer Notebook or a piece of paper
- Pencil, pen, markers, or colored pencils

#### Instructions:

- 1. Think about what your favorite part of your body is and why.
- 2. Write some reasons why you like that part of your body. Why do you like it? What does it help you do?
- 3. Use your brainstormed list to write a haiku. Haiku poems have 17 syllables. Syllables are a unit of sound. It is sometimes called a "beat" in a word. Some words with one syllable are hand, eyes, knee, foot, and nose. Some words with two syllables are ankle, elbow, eyebrow, and shoulder.
- 4. Haiku poems have three lines and are set up with a certain number of syllables in each line:

a. Line One: 5 syllables

b. Line Two: 7 syllables

c. Line Three: 5 syllables

5. Write your haiku poem about the body part and share it with someone at home.

#### For explorers using an Explorer Notebook:

- 1. Brainstorm what you like about your favorite part of your body.
- 2. Write your poem.

Check out the last page for a page design idea. You can use this or set up your page however you want!

#### **Extensions:**

The following are optional steps you can take if you want to extend this adventure:

- 1. Pick another part of your body and write a haiku about it.
- 2. Draw or take a picture of the part of your body the haiku is about and add it to your poem.
- 3. Go to the "In the Human Body" topic on Flipgrid and share your creation!

## **Explorer Notebook**

You can use this to help you set up your Explorer Notebook!